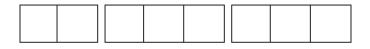




# Western Australian Certificate of Education Examination, 2014



# PHYSICAL EDUCATION STUDIES

# Practical (performance) examination Touch Football

## Time allowed

Warm-up: 30 minutes Skills and Drills: 75 minutes

# **Materials required**

To be provided at the venue

Non-personal equipment required for Touch Football

## To be provided by the candidate

Enclosed shoes or boots free of screw-in studs or cleats

#### Structure of the examination

The WACE Physical Education Studies examination consists of a written component worth 70 per cent of the total examination score and a practical (performance) component worth 30 per cent of the total examination score.

# Structure of this practical (performance) examination

Sections and criteria	Marks available	Percentage of total exam
Individual skills  Skill 1  Skill 2  Skill 3  Skill 4  Skill 5	6 6 6 6	15
Conditioned performance	20	15
	Total	30

#### Instructions to candidates

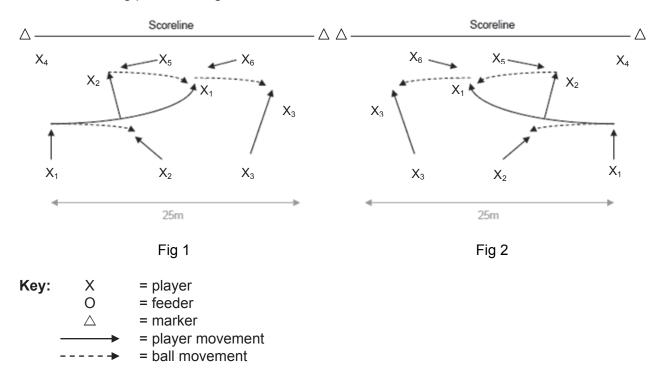
- 1. You are required to wear clothing and personal playing and safety equipment that is approved for competition by the sport's governing body.
- 2. Clothing must not identify you, your school, club or achievements, and it is requested that you wear black, navy or white shirts for the examination.
- 3. You are required to report to a supervisor to register for the practical examination 30 minutes before your scheduled examination time.
- 4. Once your attendance has been recorded you will be given a coloured, numbered bib to wear for the examination and directed to a supervised warm up area.
- 5. Just prior to the scheduled examination time you will be escorted from the warm up area to the examination area.

# **SECTION ONE – Skills Performance**

## 1. Skills set

Skill 1	Skill 2	Skill 3	Skill 4	Skill 5
Running pass	Scoring a touchdown	Effecting the touch-attacker (dump/roll ball)	Half pass (long ball)	Evading side step

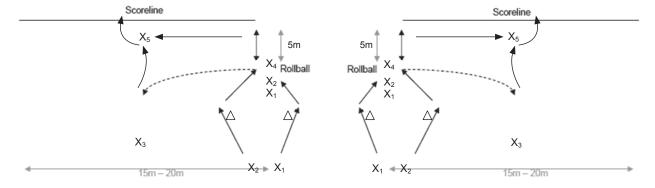
Drill #1: Running pass, scoring a touchdown



#### **Drill description**

- 1. X<sub>1</sub> (attacker) runs a few metres with the ball then passes to X<sub>2</sub> (attacker) who receives the ball on the run.
- 2.  $X_2$  then straightens into the gap between defenders  $X_4$  and  $X_5$ , commits  $X_5$ , then passes (appropriate pass) to  $X_1$  who is straightening into gap between defenders  $X_5$  and  $X_6$ .
- $X_1$  draws  $X_6$  and passes to  $X_3$  (attacker) hitting outside gap.  $X_3$  evades  $X_6$  and scores touchdown. 3.
- 4.
- 5. Mirror the drill for right-toleft passing (Fig 2).

Drill #2: Effecting the touch – attacker (dump/roll ball), half pass (long ball), evading side step



Key: X = player
O = feeder

△ = marker
= player movement
----- = ball movement

## **Drill description**

- 1.  $X_2$  (with the ball) and  $X_1$  run around markers.  $X_2$  effects the touch and dumps on  $X_4$  (the defender) and  $X_1$  goes into acting half.
- 2.  $X_4$  retreats 5m to the marker.
- 3.  $X_1$  passes long ball (10m) from the ground to  $X_3$ .
- 4. X<sub>3</sub> receives the ball on the run and moves directly to the defensive X<sub>5</sub> then attempts to score over the scoreline without getting touched (using evading sidestep).
- 5.  $X_5$  must move off the line towards  $X_3$ .
- 6. Mirror drill to allow left-right pass.

# **SECTION TWO – Conditioned Performance**

(20 marks)

SCENARIO PLANNING	
DEFINE PLAYING AREA OR BOUNDARIES	40 m x 50 m
SPECIFY NUMBER OF PLAYERS	4 vs 4
SPECIFY TACTICAL PROBLEM(S) TO BE SOLVED	Play a ten minute game from a roll ball in the centre to start.
SPECIFY ROLES OR GOALS OF PLAYER(S)	No special roles.
SPECIFY OPTIONS, RULES &/OR RESTRICTIONS	Normal Touch rules apply.

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CANNINGTON WA 6107